

| Category | Weight (g) | Notes |
|---------------------------------|---------------------|-----------------------------|
| Carried (less consumerables) | Haulage | 1591 |
| | Sleeping | 2149 |
| | Cooking & Nutrition | 269 |
| | Hydration | 429 |
| | Hygiene | 48 |
| | Navigation | 222 |
| | Emergency | 374 |
| | Personal | 390 |
| | Clothing (carried) | 1725 |
| | Worn | 2059 |
| | | |
| | | |
| Worn | 2059 | |
| | | |
| Footwear (worn) | 1152 | |
| Consumerables | 2844 | Inclusive of reserve supply |

| Totals | Weight | |
|----------------------------------|--------------|--------------|
| | (g) | (kg) |
| Carried (less food, water, fuel) | 7197 | 7.20 |
| Worn (clothes & footwear) | 2059 | 2.06 |
| Food / Water / Fuel | 2844 | 2.84 |
| Skin-out | 12100 | 12.10 |

| System | Item | Manufacturer | Item | Size | Comment | Unit weight | Quantity | Weight |
|---------------------|---------------|-------------------------|-----------------------------------|-----------------|---|-------------|----------|--------|
| Haulage | Pack | Osprey | Exos | 34L | | 1006 | 1 | 1006 |
| Haulage | Pack cover | Sea to Summit | Ultra-Sil | S | | 83 | 1 | 83 |
| Haulage | Poles | Leki | Super Makalu SLS | | Pair. | 502 | 1 | 502 |
| Sleeping | Tarp | Z-Packs | Square, flat tarp | 8.5 x 8.5 ft | Cuben. Inclusive of guys, pegs, stuff-sack | 475 | 1 | 475 |
| Sleeping | Bivy | Mountain Laurel Designs | Superlight | | Cuben & Pertex Quantum. Inclusive of stuff-sack. | 139 | 1 | 139 |
| Sleeping | Ground sheet | n/a | | | Sourced from Mountain Laurel Designs | 45 | 1 | 45 |
| Sleeping | Bag | Western Mountaineering | Ultralight | 165cm (S) | 850+ fill power. Inclusive of S2S Ultra-Sil drybag. | 851 | 1 | 851 |
| Sleeping | Bag liner | Mont | Silk liner | | | 131 | 1 | 131 |
| Sleeping | Mat | Thermarest | Neo-Air X-Therm | S | R-value 7. Inclusive of stuffsack. | 508 | 1 | 508 |
| Cooking & Nutrition | Stove | Evernew | Appalacian cookset | | Titanium. Inclusive of cloth and mesh sack. | 190 | 1 | 190 |
| Cooking & Nutrition | Fuel bottle | Nalgene | | 250ml | | 32 | 1 | 32 |
| Cooking & Nutrition | Ignition | n/a | Matches | | Inclusive of waterproof container | 10 | 1 | 10 |
| Cooking & Nutrition | Utensil | Light My Fire | Spork | | | 10 | 1 | 10 |
| Cooking & Nutrition | Dry-bag | Sea to Summit | Ultra-Sil dry bag | 13 L | Sil-nylon | 27 | 1 | 27 |
| Hydration | Filter | MSR | HyperFlow | | | 250 | 1 | 250 |
| Hydration | Bottle | Nalgene | Wide mouth bottle | 1 L | | 179 | 1 | 179 |
| Hygiene | Dental kit | | Toothbrush & toothpaste | | | 48 | 1 | 48 |
| Navigation | Compass | Silva | Type 6/54 | | | 39 | 1 | 39 |
| Navigation | Maps | MYOG | Memory-Map 1:25K prints | A3 | | 11 | 4 | 42 |
| Navigation | Map cover | | Zip-loc bag | | | 5 | 1 | 5 |
| Navigation | GPS | Garmin | ForeTrex 401 | | | 64 | 1 | 64 |
| Navigation | Batteries | Energiser | Advanced Alcaline | AAA | | 12 | 6 | 72 |
| Emergency | Comms | Phone | iPhone 5s | | | 112 | 1 | 112 |
| Emergency | Comms | PLB | AccuSat MT410G | | 406 / 121.5 MHz | 242 | 1 | 242 |
| Emergency | First aid | First aid kit | | | Inclusive NeoAir repair patch | 20 | 1 | 20 |
| Personal | Sunglasses | Oakley | Flak Jacket | | | 23 | 1 | 23 |
| Personal | Camera | Olympus | TG810 | | Inclusive of 48G ScanDisk SD card | 225 | 1 | 225 |
| Personal | Watch | Casio | G-Shock Tough Solar AWR-M100B | | | 57 | 1 | 57 |
| Personal | Multi-tool | Leatherman | Squirt PS4 | | | 57 | 1 | 57 |
| Personal | Head-torch | Petzl | e-LITE | | | 28 | 1 | 28 |
| Clothing (carried) | Base-layer | Patagonia | Capilene-3 thermal bottoms | S | Poly | 185 | 1 | 185 |
| Clothing (carried) | Base-layer | Kathmandu | Altica thermal long-sleeve top | S | Poly | 190 | 1 | 190 |
| Clothing (carried) | Insulation | Helly Hansen | Odin Isolator jacket | | Primaloft | 359 | 1 | 359 |
| Clothing (carried) | Shell | Montane | Air jacket | S | 2.5 layer eVent. Inclusive of mesh bag. | 330 | 1 | 330 |
| Clothing (carried) | Shell | Montane | Minimus pants | S | Pertex. Inclusive of mesh bag. | 148 | 1 | 148 |
| Clothing (carried) | Beanie | Outdoor Research | Wind Warrior | L / XL | Gore Windstopper | 72 | 1 | 72 |
| Clothing (carried) | Neckwear | Buff | | | | 37 | 1 | 37 |
| Clothing (carried) | Gloves | North Face | TNF Apex | M | | 88 | 1 | 88 |
| Clothing (carried) | Gloves | Manzella | | S / M (women's) | Polartec Power Stretch | 45 | 1 | 45 |
| Clothing (carried) | Socks | Wigwam | Cool Lite Hiker Pro | Crew | Synthetic | 71 | 2 | 142 |
| Clothing (carried) | Socks | Waterproof socks | Hanz | S | | 102 | 1 | 102 |
| Clothing (carried) | Dry-bag | Sea to Summit | Ultra-Sil dry bag | 13 L | Sil-nylon | 27 | 1 | 27 |
| Clothing (worn) | Pants | Patagonia | Simple Guide pants | S | Softshell. | 376 | 1 | 376 |
| Clothing (worn) | Belt | MYOG | Belt | | Nylon strap & Fastex hardware | 32 | 1 | 32 |
| Clothing (worn) | Shirt | Mountain Hardwear | Long sleeve technical t-shirt | | Poly | 164 | 1 | 164 |
| Clothing (worn) | Shirt | Columbia | Long Sleeve over-shirt | S | Nylon | 219 | 1 | 219 |
| Clothing (worn) | Underwear | Exofficio | Brief | S | Poly mesh | 55 | 1 | 55 |
| Clothing (worn) | Cap | Brooks | | | Windproof | 61 | 1 | 61 |
| Footwear (worn) | Trail runners | Salomon | XA Pro 3D Ultra 2 | US 8 / EU 42.3 | | 740 | 1 | 740 |
| Footwear (worn) | Gaiters | Sea to Summit | Quagmire | | eVent | 341 | 1 | 341 |
| Footwear (worn) | Socks | Wigwam | Cool Lite Hiker Pro | Crew | Synthetic | 71 | 1 | 71 |
| Food / Water / Fuel | Breakfast | Self-prepared | Oats, with honey & cinnamon | | | 150 | 2 | 300 |
| Food / Water / Fuel | Grazing | Self-prepared | Trail mix | | Cashew, banana chip, soy chip, liquorice bullet | 220 | 3 | 660 |
| Food / Water / Fuel | Grazing | Shotz | Energy bar | | | 50 | 3 | 150 |
| Food / Water / Fuel | Dinner | Backcountry Cuisine | Dehydrated meal | Single-serve | | 90 | 3 | 270 |
| Food / Water / Fuel | Refuel | Aussie Bodies | Protein FX (protein & energy bar) | | | 65 | 2 | 130 |
| Food / Water / Fuel | Hot drink | Robert Timms | Coffee bag | | | 7 | 4 | 28 |
| Food / Water / Fuel | Hot drink | Jarrah | Hot chocolate sachet | | | 14 | 4 | 56 |
| Food / Water / Fuel | Water | n/a | Water | 1L | | 1000 | 1 | 1000 |
| Food / Water / Fuel | Fuel | n/a | Metholated spirits | 250 ml | | 250 | 1 | 250 |