



Castle Rock Beach

(Guringai Country)

 5 min to 10 min

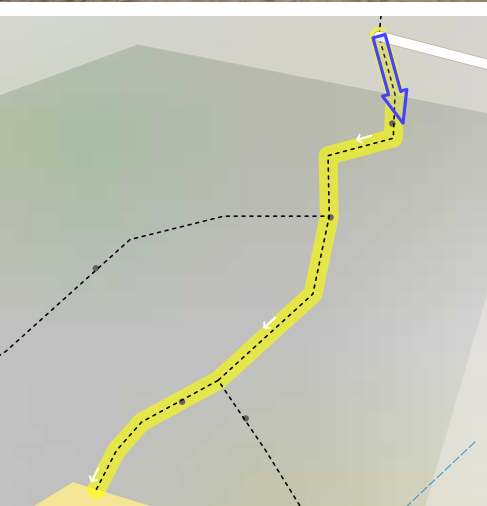
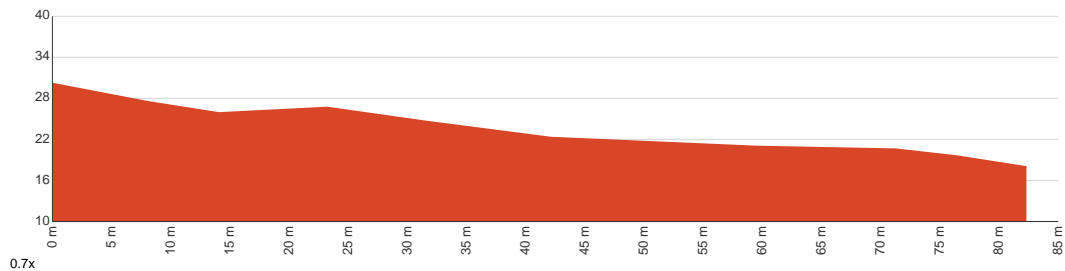

165 m
Return


↑ 14 m
↓ 14 m


Moderate track



This is a short walk down to Castle Rock Beach, tucked into the rocky shores of Middle Harbour. The walk is mostly along boardwalk or footpath through rainforest vegetation. The foliage surrounding the track is topped by a closed canopy which provides shade, before opening out onto the sunny beach. Let us begin by acknowledging the Guringai people, Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.



Class 3 of 6
Formed track, with some branches and other obstacles

Quality of track	Clear and well formed track or trail (2/6)
Gradient	Short steep hills (3/6)
Signage	Directional signs along the way (3/6)
Infrastructure	Generally useful facilities (such as fenced cliffs and seats) (1/6)
Experience Required	Some bushwalking experience recommended (3/6)
Weather	Weather generally has little impact on safety (1/6)

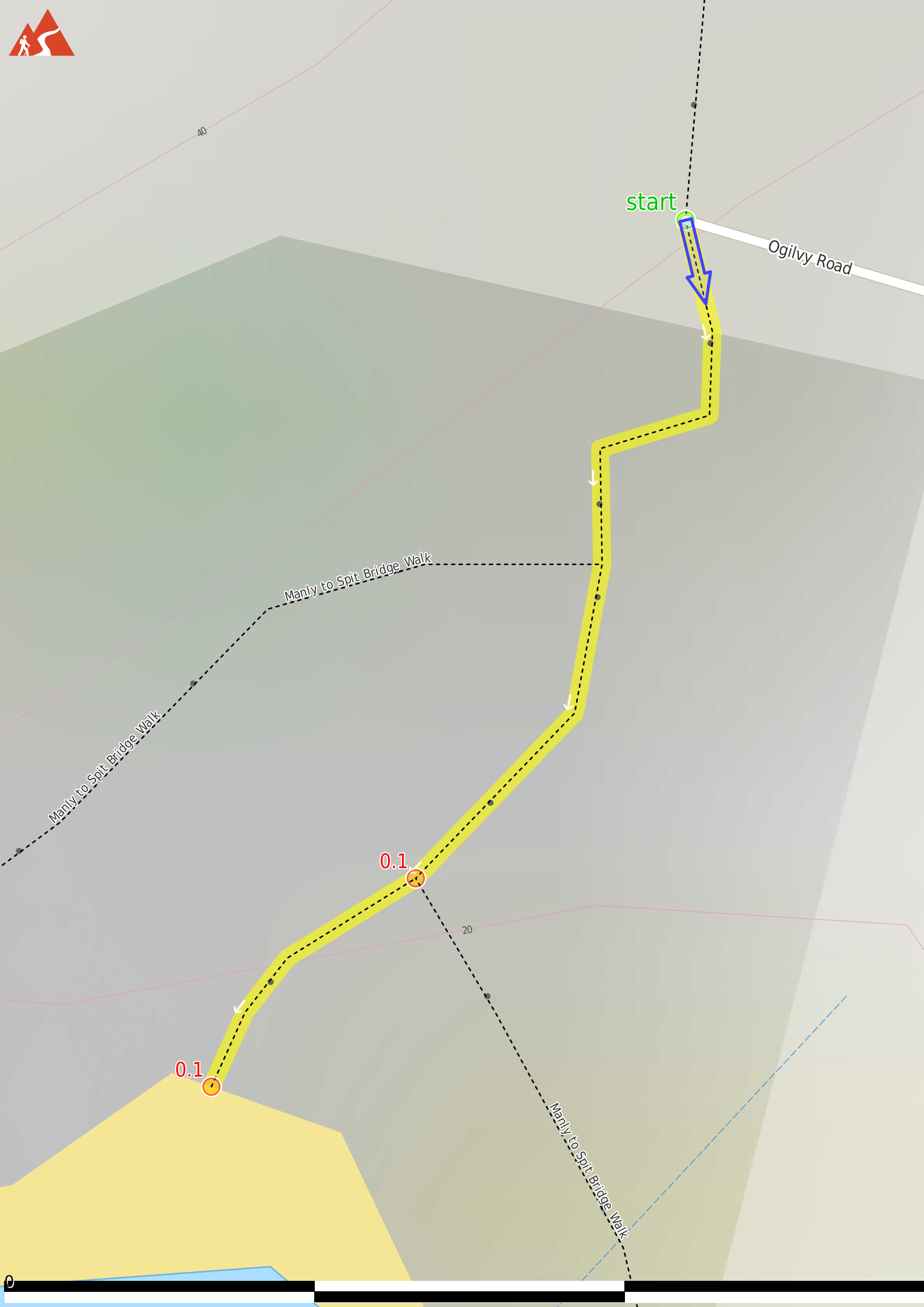
Before you start any journey ensure you;

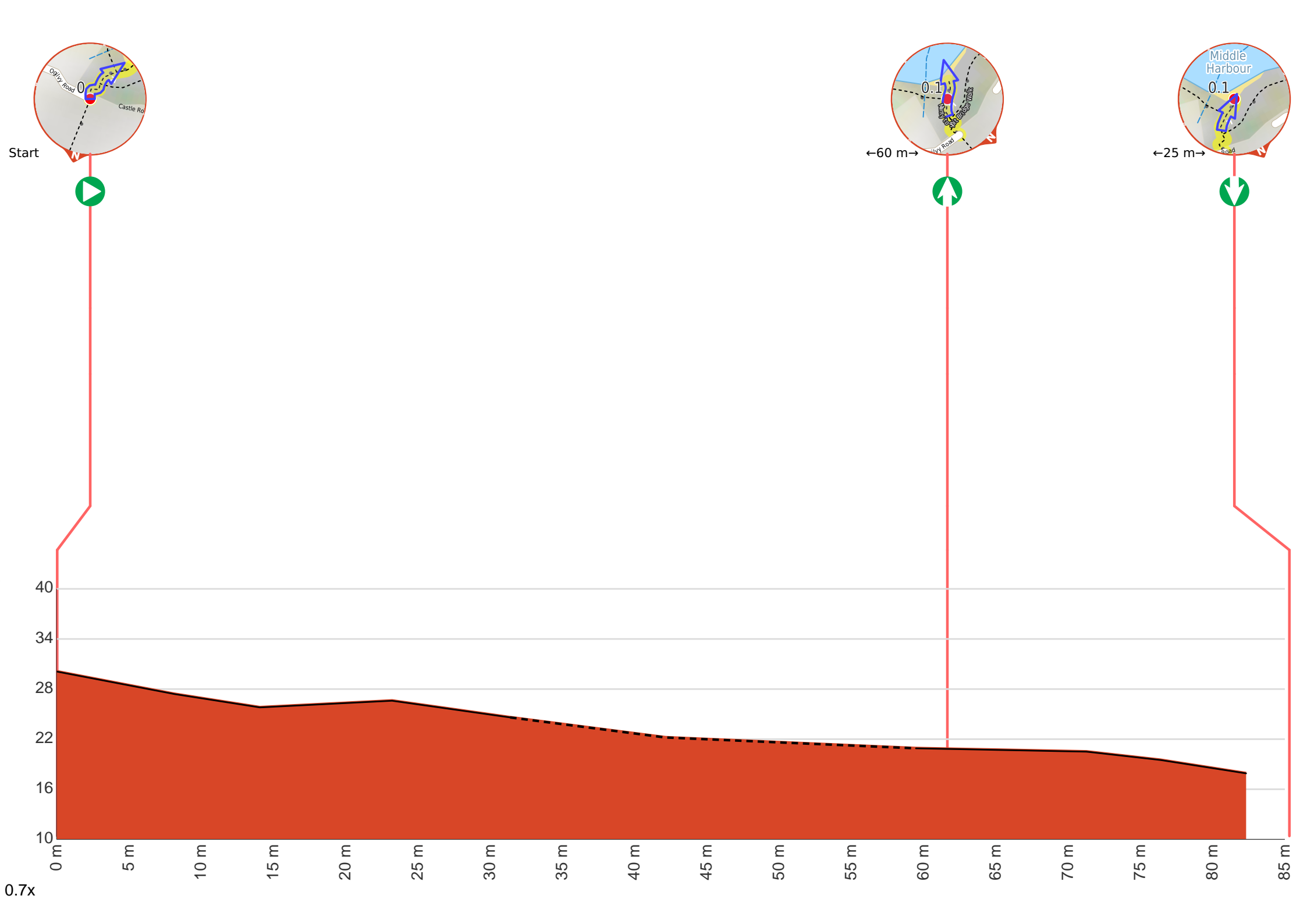
- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

If not, change plans and stay safe. It is okay to delay and ask people for help.

Share
[Bushwalk.com](https://bushwalk.com/j/2KSRNG)
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Getting started: From the end of Ogilvy Rd, walk follows the 'MSW To the Spit' sign on the telegraph pole, down the stairs to a 4 way sign posted intersection.

From the intersection, this walk follows the 'Manly Scenic Walk' arrow down the concrete steps towards the water, to the signposted intersection of the 'Manly to Spit' and 'Castle Rock' beach tracks.

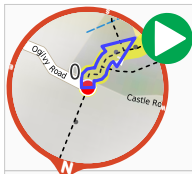
From the intersection, this walk leads down the concrete steps to Castle Rock Beach.



About 30 m past the end is "Castle Rock Beach".



Castle Rock Beach can be found a short walk down from the Manly-to-Spit walking track, near Ogilvy Road. This small, secluded beach is a great spot for those wanting a quieter day at the beach, instead of the more popular and larger beaches in the area.



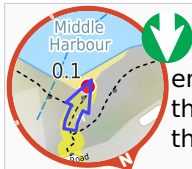
Start.



After another 30 m **continue straight**, to head along Manly to Spit Bridge Walk.



After another 30 m **continue straight**.



Continue another 25 m to find the end. Then turn around here and retrace the main route for 80 m to get back to the start.