




Five Islands from north

(Biripi & Worimi Country)

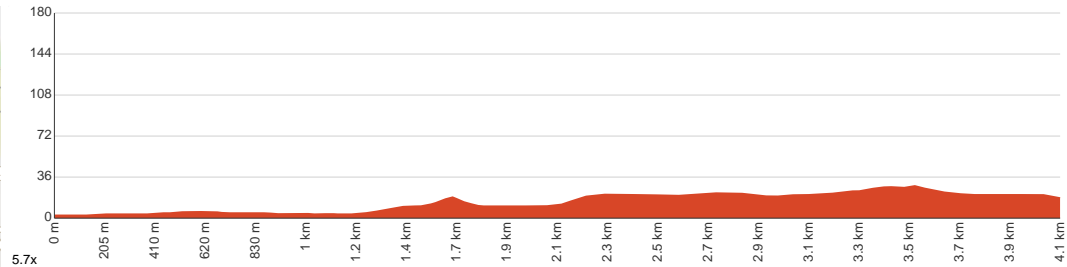
 1 h to 1 h 45 min


4.1 km
One way


↑ 41 m
↓ 25 m


Hard track

Starting from Saltwater Picnic Area, this one way trail in Saltwater National Park takes you to the Khappinghat Nature Reserve. You'll find Aboriginal heritage and plenty of opportunities for swimming and fishing. Let us begin by acknowledging the Biripi & Worimi people, Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.



Class 4 of 6 Rough track, where fallen trees and other obstacles are likely	
Quality of track	Rough track, where fallen trees and other obstacles are likely (4/6)
Gradient	Gentle hills with occasional steps (2/6)
Signage	Clearly signposted (2/6)
Infrastructure	Limited facilities (such as cliffs not fenced, significant creeks not bridged) (4/6)
Experience Required	No experience required (2/6)
Weather	Foretasted & unexpected storms and severe weather may impact on navigation and safety (4/6)

Getting to the start: From Old Bar Road

- Turn on to Saltwater Road then drive for 2.7 km
- At roundabout, take exit 2 onto Saltwater Road and drive for another 2.4 km
- Turn sharp right and drive for another 4 m

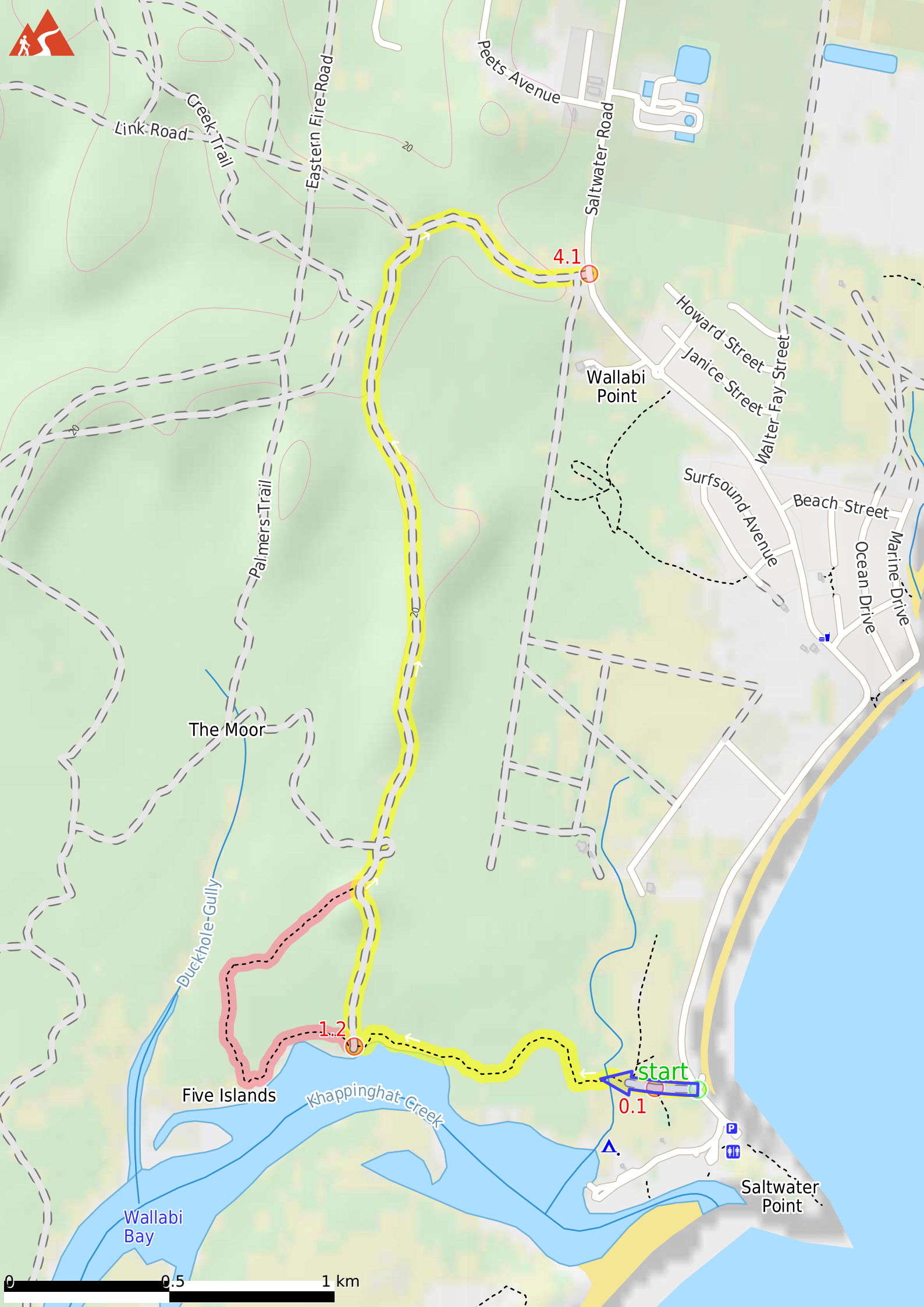
Before you start any journey ensure you;

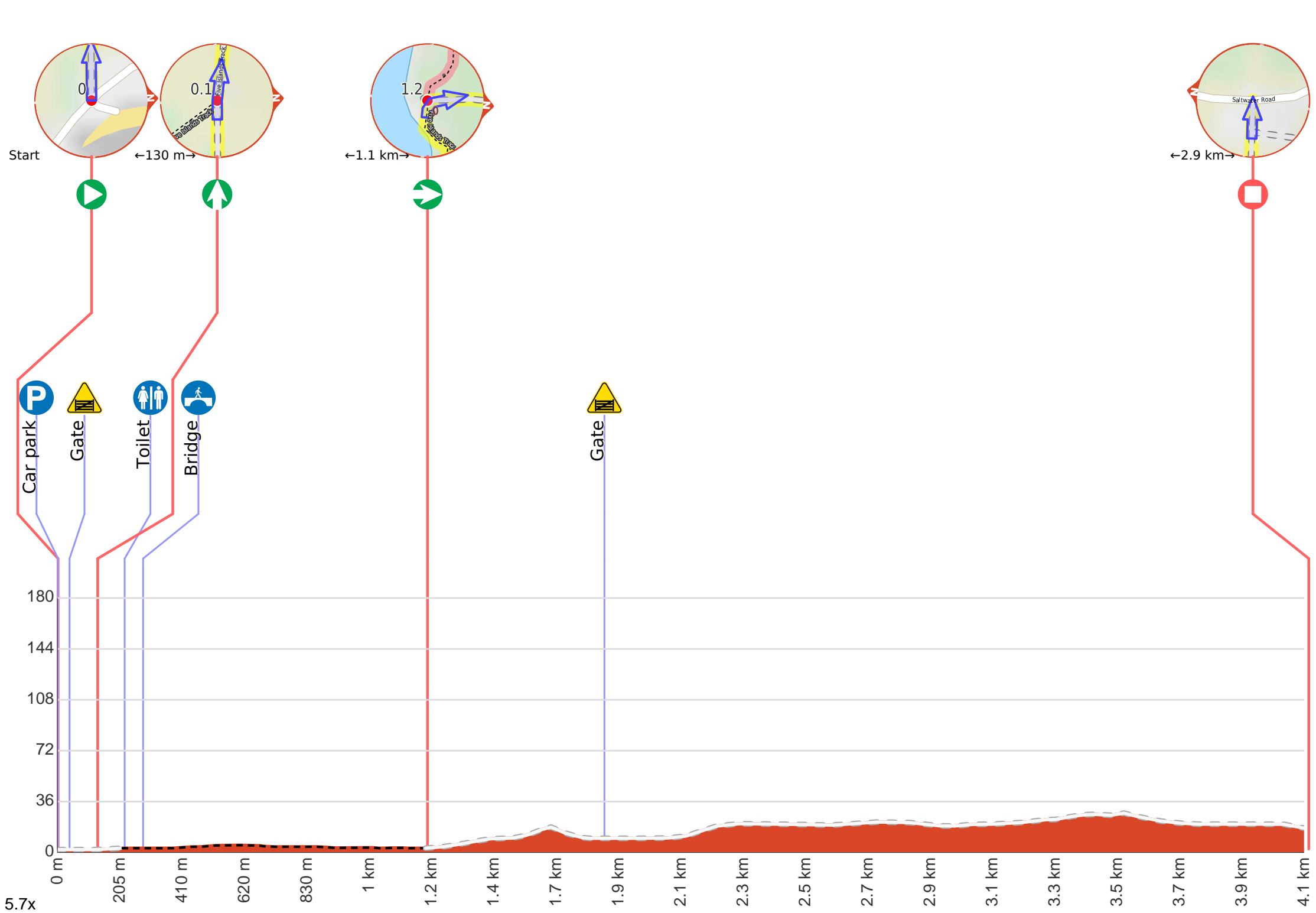
- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

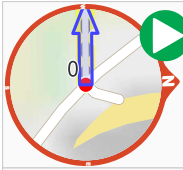
If not, change plans and stay safe. It is okay to delay and ask people for help.

Share
[Bushwalk.com](https://bushwalk.com/j/M7Z9KS)
[/j/M7Z9KS](https://bushwalk.com/j/M7Z9KS)









Start.



Find the car park at the start.



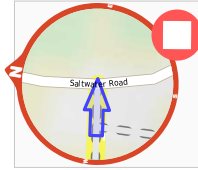
Find the gate at the start.



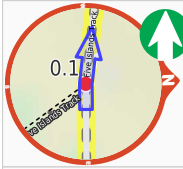
After another 180 m pass the toilet (160 m on your left).



After another 590 m head through/around the gate.



After another 2.3 km come to the end.

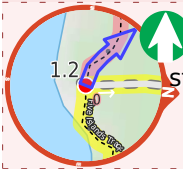


Continue straight.

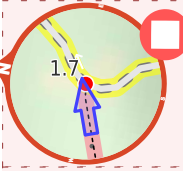


After another 150 m cross the bridge (about 15 m long)

Start of an alternate route: Alternate route via Saltwater Walking Track.



To take the alternate route continue straight here. **Start.**



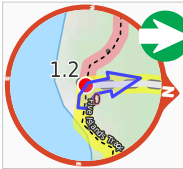
After another 1.2 km come to the end.



At the end of this alternate route, rejoin the main route.



The alternate route finishes here. Veer left to rejoin the main route at the 1.7 km waypoint.



After another 930 m **turn right.**