






# Noosa Heads Coastal Track

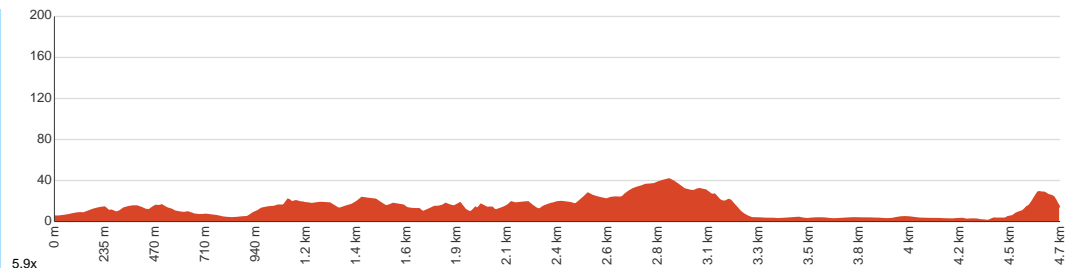
 2 h 45 min to 4 h 30 min  
 1 h 15 min to 2 h 15 min

  
9.4 km  
Return

  
↑ 287 m  
↓ 287 m

  
Easy track

Starting from the car park off Mitti Street, Noosa Heads, this return walk explores the coastline of Noosa Heads via the Coastal Track, visiting the Boiling Pot, Dolphin Point, Hell's Gates and Devil's Kitchen viewpoints along with multiple scenic beaches. The lush vegetation coupled with the extraordinary views and the refreshing aura of the Coral Sea offers an unforgettable experience. Try to spot dolphins and whales as you're savoring the stunning scenery, but don't forget to look for koalas on top of the eucalyptus trees as well. Besides the section on Alexandria Beach (which is a stroll on pristine smooth sand), the track is paved all the way through. Remember to cover your head and apply sunscreen. Look out for strong currents at all times if you decide to take a dip in the water. Let us begin by acknowledging the Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.



Class 2 of 6 Clear and well formed track or trail	
Quality of track	Clear and well formed track or trail (2/6)
Gradient	Gentle hills with occasional steps (2/6)
Signage	Clearly signposted (2/6)
Infrastructure	Generally useful facilities (such as fenced cliffs and seats) (2/6)
Experience Required	No experience required (2/6)
Weather	Weather generally has little impact on safety (2/6)

**Getting to the start:** From Sunshine Motorway, 70

- Turn on to Emu Mountain Road then drive for 1.4 km
- At roundabout, take exit 1 onto David Low Way, 6 and drive for another 2.1 km
- At roundabout, take exit 2 onto David Low Way, 6 and drive for another 1.5 km
- At roundabout, take exit 2 onto David Low Way, 6 and drive for another 1.4 km
- At roundabout, take exit 2 onto David Low Way, 6 and drive for another 5.6 km
- At roundabout, take exit 2 onto Edwards Street and drive for another 150 m
- Turn slight left onto David Low Way and drive for another 1.8 km
- At roundabout, take exit 2 onto Sunshine Beach Road and drive for another 590 m
- At roundabout, take exit 3 onto Noosa Drive and drive for another 420 m
- At roundabout, take exit 1 onto Noosa Drive and drive for another 570 m
- At roundabout, take exit 2 onto Noosa Drive and drive for another 165 m
- At roundabout, take exit 3 onto Hastings Street and drive for another 1.1 km

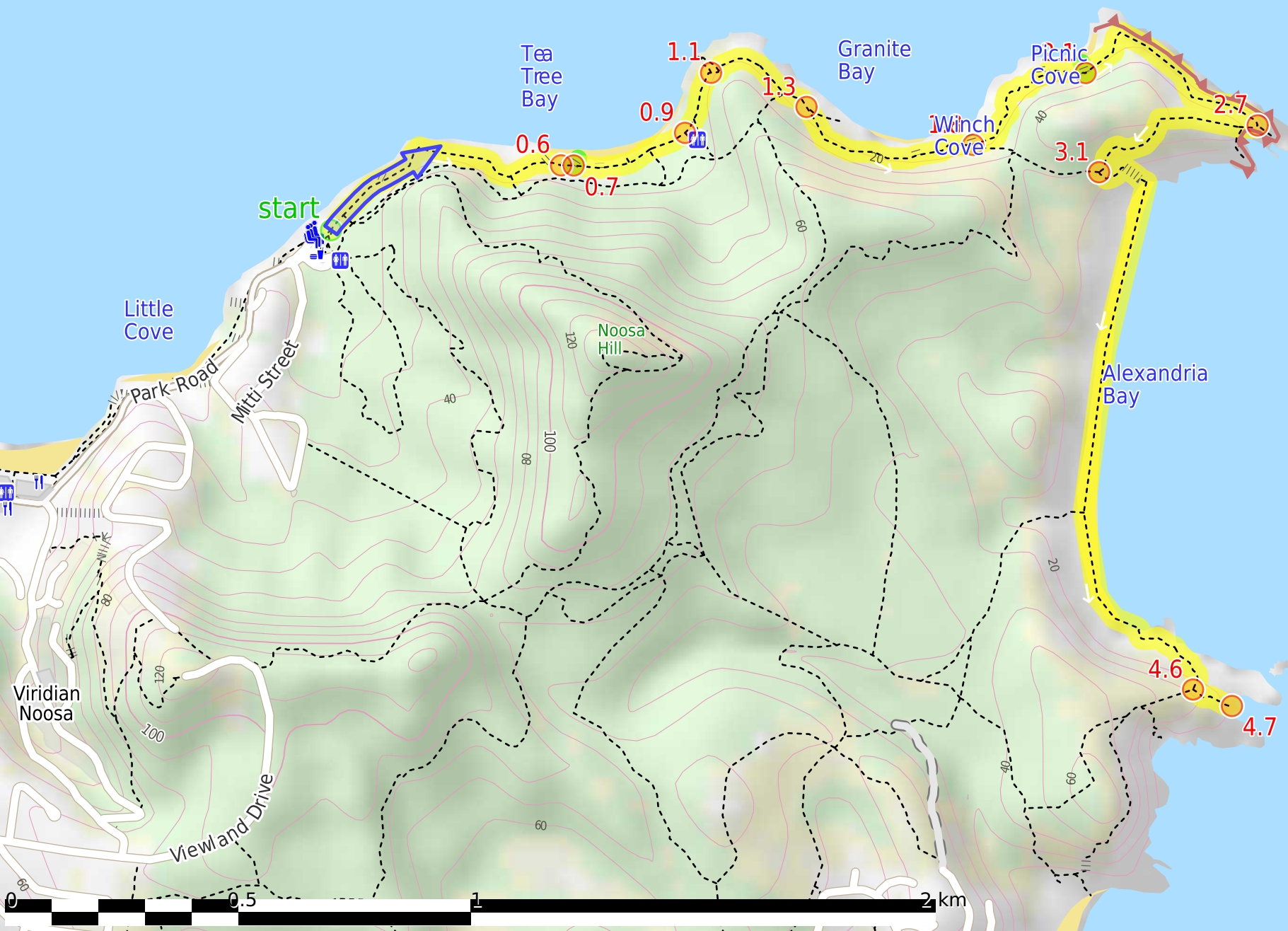
## Before you start any journey ensure you;

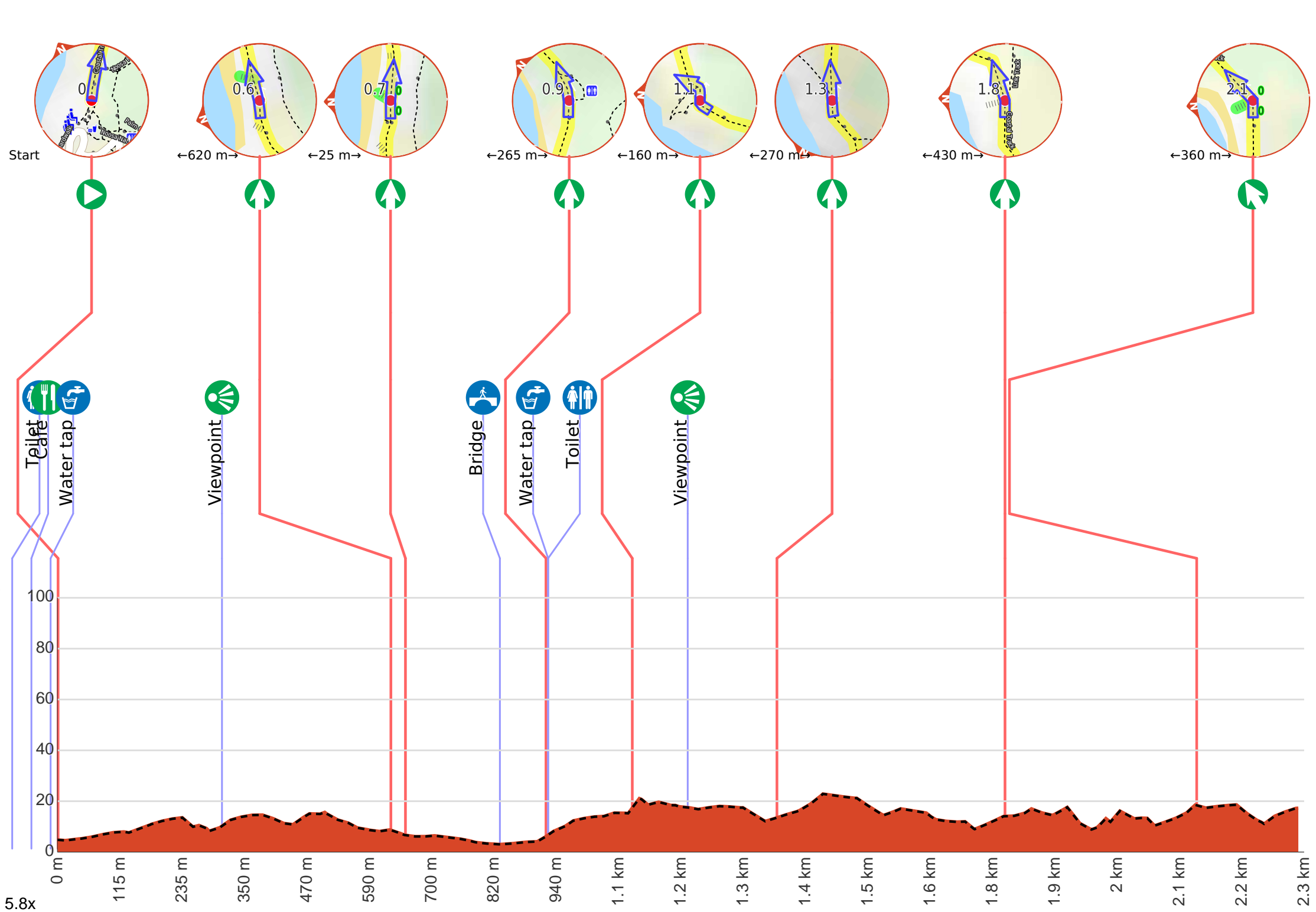
- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

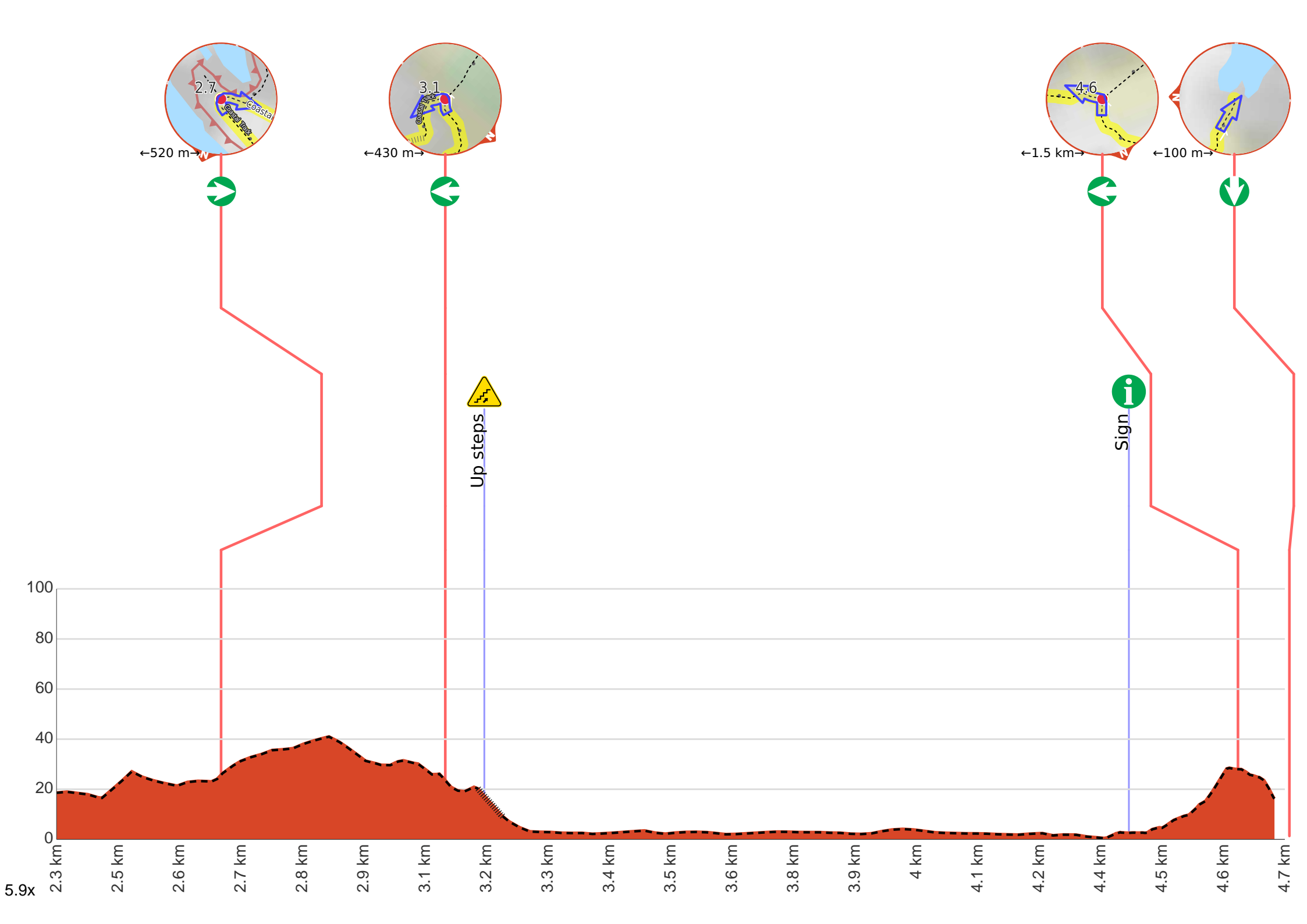
If not, change plans and stay safe. It is okay to delay and ask people for help.

Share  
[Bushwalk.com](https://bushwalk.com.au/j/GPKGGOV)  
[/j/GPKGGOV](https://bushwalk.com.au/j/GPKGGOV)

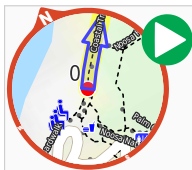








**Getting started:** From the car park off Mitti Street(60 metres northeast of the Park Road - Mitti Street Intersection), pass through the bollard and head towards the informational signposts along the concrete footpath. Join the track(Coastal Track) adjacent to the said signposts, following the fenceline to your left as you keep the ocean to your left as well. Follow the track as you pass by a picnic table to your left and a “Stop - No Riding” sign(to your right) shortly after to continue along Noosa Heads Coastal Track.



**Start.**



There is a toilet (about 85 m back from the start).



There is a cafe (about 50 m back from the start).



Find the water tap at the start.



After another 60 m (at the intersection of Coastal Track & Noosa Hill Track) **continue straight**, to head along Coastal Track.



After another 130 m **continue straight**, to head along Coastal Track.



After another 130 m come to the "Boiling Pot" (on your left).



After another 200 m **continue straight**, to head along Coastal Track.

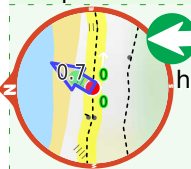


After another 80 m **continue straight**, to head along Coastal Track.



After another 40 m **continue straight**, to head along Coastal Track.

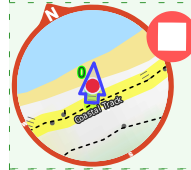
**Start of an optional side trip:** This optional little side trip takes you down to Tea Tree Bay. Involves steps.



To start this optional side trip turn left here. **Start.**



Then head up the steps



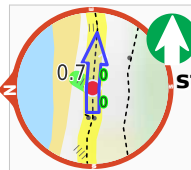
After another 20 m come to the end.



Turn around and retrace your steps back the 20 m to the main route.



Back at the main route turn left and follow on from the 650 m waypoint.



After another 25 m **continue straight**, to head along Coastal Track.



After another 55 m **continue straight**, to head along Coastal Track.



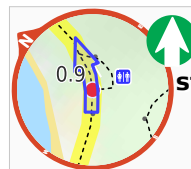
After another 65 m **continue straight**, to head along Coastal Track.



After another 55 m **continue straight**.



Then cross the bridge (about 5 m long)



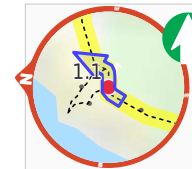
After another 80 m **continue straight**, to head along Coastal Track.



Then pass the water tap (on your left).



Then pass the toilet (25 m on your right).



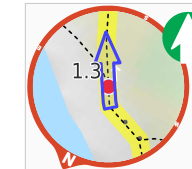
After another 160 m **continue straight**, to head along Coastal Track.



After another 105 m come to the "Dolphin Point" (15 m on your left).



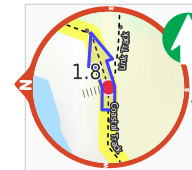
After another 105 m **continue straight**, to head along Coastal Track.



After another 60 m **continue straight**, to head along Coastal Track.



After another 300 m **continue straight**, to head along Coastal Track.

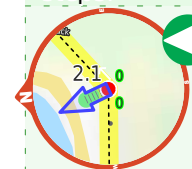


After another 125 m (at the intersection of Link Track & Coastal Track) **continue straight**, to head along Coastal Track.



After another 260 m **continue straight**, to head along Coastal Track.

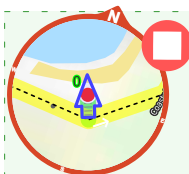
**Start of an optional side trip:** This optional little side trip takes you down to Picnic Cove. Involves steps.



To start this optional side trip turn left here. **Start.**



Then head down the steps



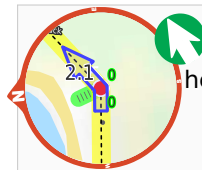
After another 25 m come to the end.



Turn around and retrace your steps back the 25 m to the main route.



Back at the main route turn sharp left and follow on from the 2.1 km waypoint.



After another 100 m **veer left**, to head along Coastal Track.



After another 550 m pass the sign (10 m on your right).



After another 20 m pass the "Spot the locals" (9 m on your left).



Then pass the "Hell's Gates" (30 m on your left).



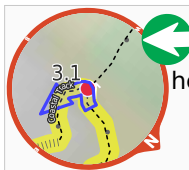
Then come to the "Hell's Gates" (45 m on your left).



After another 10 m **turn right**, to head along Coastal Track.



After another 35 m **continue straight**, to head along Coastal Track.



After another 390 m **turn left**, to head along Coastal Track.



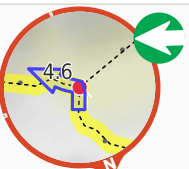
After another 75 m head up the surface|compacted steps (about 50 m long)



After another 830 m (at the intersection of Alexandra Bay Track & Coastal Track) **continue straight**, to head along Coastal Track.



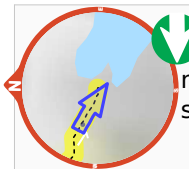
After another 350 m pass the sign (on your right).



After another 210 m **turn left**.



After another 100 m come to "Devils Kitchen".



Turn around here and retrace the main route for 4.7 km to get back to the start.